



Kelly Kamaka'alohe Asato



Kelly Kamaka'alohe Asato is a Transformational Facilitator and Executive Coach with over fifteen years' experience working with Global 500 companies, US government agencies, and non-profit organizations.

Through years of intensive work with senior executives, Kelly has discovered that life shapes us in a way that distances us from our truth and our authentic self. She partners with leaders in rediscovering, remembering, and re-integrating what lies in their hearts, including vulnerabilities, strengths and longings while identifying points of incoherence that limit their potential for inspiration, connection, and influence. The result is greater awareness, resilience, choice, and joy through an embodied understanding of the Self and all its possibilities.

Kelly's experiential and embodied approach encompasses time-honored wisdom teachings from Eastern contemplative and martial arts practices blended with Western leadership and business modalities. Her practice is grounded in a range of somatic, mindfulness and psychotherapeutic modalities, including Systemic Intelligence and Constellation work, Voice Dialogue, Social Presenting Theater, Somatic Abolitionism and Somatic Experiencing.

The former Director of Personal Mastery at Mobius Executive Retreats, Kelly now serves as Senior Advisor to Mobius' Executive Retreat Practice and is a lead facilitator for *Winning From Within*, a leadership model developed by Harvard Law Lecturer, Erica Ariel Fox. Kelly partners with other socially conscious leadership firms aimed at cultural and systemic change centered around healing and repairing historical and racialized trauma to cultivate mutuality, belonging and sufficiency.

Kelly is a certified Somatic Coach from the Strozzi Institute for Leadership and Mastery and is certified in the Leadership Circle Assessment. She holds a degree in *Organizational Communication Management* from the University of Hawai'i at Manoa and certifications in *Mastering Sustainable Abundance*, *Respectful Confrontation Method*, and *Taoist Energy Healing* and *Spiritual Counseling* and has served on the Advisory Board of BRINGIT™ an environmental non-profit.

Kelly is guided by the Hawaiian principle *Pono*, which encourages one to be in righteous, or just, relationship with ourselves, with others and with the natural world. She enjoys Hawaiian music, dance, puka shell gathering and 'talking story' with her 'ohana in Hawai'i.